SIGNS OF AN OVER DOSE

- Shallow/difficulty breathing or not breathing at all
- Pinpoint and fixed pupils
- Blue-ish colour to lips
- Unconsciousness or not responding

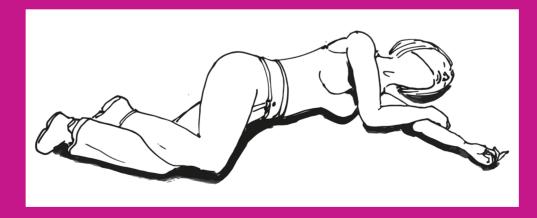
Call 999

and ask for an ambulance immediately.

You will not get into trouble

- you might be saving a life.

Put them in the recovery position.



Get a take-home naloxone kit

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