



# MANGO MULE

## KICK THE ALCOHOL

- 4-5 slices of cucumber
- 1 ½ ounce fresh lime juice
- 1 ounce honey syrup\*
- 1 ½ ounce ginger beer
- 1 ½ ounce mango puree
- Ice

### METHOD

Muddle cucumber and honey syrup in the bottom of a cocktail shaker.

Add the mango puree and lime juice and shake, covered, with ice

vigorously for 10 seconds. Strain into a tall glass of fresh ice.

Top with ginger beer and stir to incorporate.



LIKE  LIMIT | LOVE MY HEALTH

[www.forwardleeds.co.uk/likemylimit](http://www.forwardleeds.co.uk/likemylimit)

 /ForwardLeeds

 @forwardleeds