

my LIKE LIMIT

WORK

1 IN 4 WORKERS



IN THE UK SAID THEIR DRINKING MEANT THAT THEY DID THE MINIMUM AMOUNT OF WORK AND WENT HOME AS SOON AS POSSIBLE

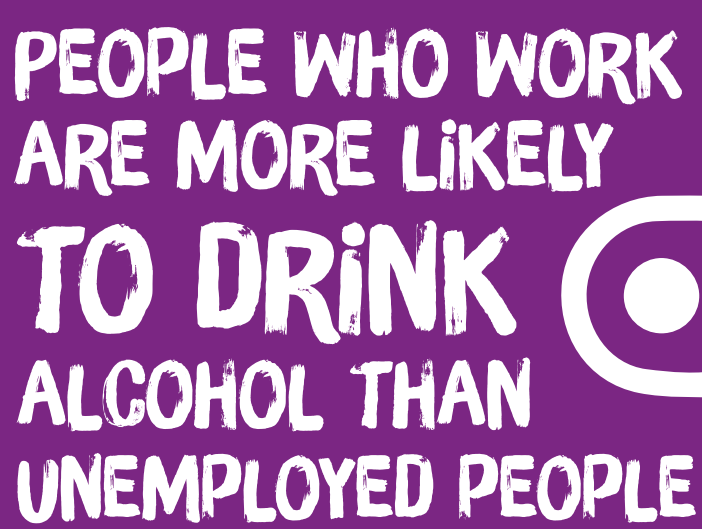
IN LEEDS BETWEEN
6% & 15%
OF WORKING DAYS LOST
TO SICKNESS CAN BE ATTRIBUTED TO
ALCOHOL MISUSE

OVER 210,000
DAYS ARE LOST TO
HANGOVERS
IN LEEDS
ON AN ANNUAL
BASIS



IT IS CLAIMED THAT
2 MILLION 
PARENTS DRINK
ALCOHOL DAILY
WITH THE HIGHEST EARNERS
DRINKING THE MOST

PEOPLE WHO WORK
ARE MORE LIKELY
TO DRINK
ALCOHOL THAN
UNEMPLOYED PEOPLE



REDUCED PERFORMANCE IN THE WORKPLACE
DUE TO HANGOVERS RESULTED IN COSTS TO
THE LEEDS ECONOMY OF **£26.7** MILLION
IN LOST OUTPUT

Forward Leeds is the new confidential alcohol and drug service available to everyone in Leeds.

If you want advice

call: 0113 887 2477

visit: www.forwardleeds.co.uk/likemylimit

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FORWARD
LEEDS
INSPIRING CHANGE